



OPERATION  
PEACEMAKER

# NO MORE SILENCE!

**YOU HAVE NOTHING TO BE ASHAMED OF!**



## I AM VALUABLE

I know my priceless worth and my one of a kind contribution to this world.



## I AM DETERMINED

I know how to make good decisions. I know how to be a good friend.



## I AM ON MISSION

I know what my future is worth and how to invest in it. I am a good advisor to my friends.

## YOUR RIGHTS MATTER!

1. IT CAN HAPPEN TO ANYONE, ANYTIME, ANYWHERE!

2. VIOLENCE AND ABUSE AGAINST YOU IS NEVER YOUR FAULT.

3. DO NOT BE AFRAID TO SPEAK UP ABOUT VIOLENCE.

4. SILENCE ONLY HELPS THE ABUSER.

**MAKE A PLEDGE TO HELP YOURSELF AND THOSE YOU CARE ABOUT TO STAY SAFE FROM VIOLENCE AND ABUSE!**

# BE A GUARDIAN GIRL!

## YOUR HUMAN RIGHTS

YOUR rights are protected under Indian law, and backed by universal international law.

## EDUCATION

It is your right to stay in school, be educated and to have time to study.

## MARRIAGE

It is against Indian law for a girl under 18 years to be married.

## SAFETY

It is your right to live and study in a safe environment, without even the threat of violence or abuse.

## WORK

It is against Indian law for any work to interfere with your education. Most work is prohibited for before 14 years of age.

## LAW

We all have the same rights to use the law. The law is meant to protect everyone. Women and girls have the right to equal and fair access to the law and prosecution.

## WHY MUST YOU BE A GUARDIAN GIRL?

- Millions of girls are victims of domestic abuse everyday.
- Most of them are not aware of how to address the violence.
- Your friends, cousins, neighbours or siblings might be victims of domestic violence.
- Victims of violence and abuse need help identifying and addressing the violence and that is why, everyone needs a Guardian!

## WHAT ARE THE SIGNS OF VIOLENCE?



### INJURIES

Look for bruises, swelling, and marks on the face and body.



### DISTURBANCES

Pay attention to screams, sounds of beatings. Signs of fear, or frequent crying.



### EMOTIONAL HEALTH

Look for sadness, lack of interest in playing or in food, poor performance in school.

## WHEN DO YOU HAVE TO SEEK HELP?

- If anyone is showing signs of abuse, talk to them and find out if they are facing any violence from home or family.
- If the human rights of you or someone you know are being taken away or put in danger - speak up!

## HOW DO I SEEK HELP?

- If a child marriage is happening in your area, call 1098.
- If you know someone is facing violence and are not sure what to do, contact a trusted elder person/sibling or parent.

CONTACT OPERATION PEACEMAKER FOR HELP AND GUIDANCE - SMS "CHOICES" TO 56767 OR  
CALL US ON 9703657240!

